



QUESTIONS TO ASK YOUR DOCTOR

Metastatic Breast Cancer

Metastatic breast cancer is breast cancer that has spread (metastasized) beyond the breast to other parts of the body. It's also known as stage IV (stage 4) or distant recurrence. Although metastatic breast cancer can't be cured today, it can be treated. Treatment focuses on extending life and maintaining quality of life. There are many new and ongoing scientific discoveries improving metastatic breast cancer care and offering hope to many.

If you have metastatic breast cancer, you may feel overwhelmed and unsure of what to ask your doctor. Here are some questions to help start the conversation.

Q: Where in my body has the breast cancer spread?

A: _____

Q: What is my prognosis (the expected or probable outcome of my cancer)?

A: _____

Q: What tests will I need and how often? Why? Are there risks with any of the tests?

A: _____

Q: What are my treatment options? Which options do you suggest for me and why?

A: _____

Q: How long do I have to make a treatment decision?

A: _____

Q: What are the possible side effects of this treatment(s)? How long will they last?

A: _____

Q: Are there clinical trials I can join? If so, how can I learn more?

A: _____

Q: Are there lifestyle changes I should make?

A: _____

Q: Will I have any pain? How can I manage it? Will you refer me to a pain specialist?

A: _____

Q: Where can I find a metastatic breast cancer support group? What support is available for my family?

A: _____

Q: What happens if I choose to end active treatment?

A: _____

Notes:



For more information on breast health or breast cancer, please call the Komen Patient Care Center's Breast Care Helpline 1-877 GO KOMEN (1-877-465-6636) Monday through Thursday, 9 a.m. to 7 p.m. ET and Friday, 9 a.m. to 6 p.m. ET or visit komen.org. Susan G. Komen does not provide medical advice.

1-877 GO KOMEN (1-877-465-6636) komen.org