



QUESTIONS TO ASK YOUR DOCTOR

Screening mammograms

Mammography is a tool that uses X-rays to create images of the breast. The images are called mammograms. Mammography is the best screening test we have today to find breast cancer in most women. It can find cancers at an early stage, when the chances of long-term survival are highest. Susan G. Komen® believes all women should have access to regular screening mammograms when they and their doctors decide it's best based on their risk of breast cancer.

If you need a mammogram, you may feel overwhelmed and unsure of what to ask your doctor. Here are some questions to help start the conversation.

Before getting a screening mammogram

Q: When should I get a **mammogram** and how often should I get one?

A: _____

Q: How can I prepare for a mammogram? (i.e., wear a two-piece outfit, avoid applying creams or deodorants, etc.)?

A: _____

Q: Will I have a 2D or 3D mammogram? What are the pros and cons of a 3D mammogram?

A: _____

Q: Will my insurance cover the cost of the mammogram? What about Medicare? Will I have to pay anything?

A: _____

Q: What happens if I go to a different breast center or move? How can I get a copy of my past mammograms?

A: _____

After getting a screening mammogram

Q: When should I get my results? Who will send them to me? If I have questions, who should I ask?

A: _____

Q: Can my results be sent to other doctors?

A: _____

Q: What did my mammogram show? Do I have **dense breasts**? If so, should I have another test?

A: _____

Q: If my mammogram is **abnormal**, what happens next?

A: _____

Notes:



For more information on breast health or breast cancer, please call our breast care helpline 1-877 GO KOMEN (1-877-465-6636) or visit komen.org. Susan G. Komen does not provide medical advice.

1-877 GO KOMEN (1-877-465-6636) komen.org