

A woman with long brown hair is lying on her back on a dark wooden surface. She is wearing a black t-shirt. The t-shirt has a graphic design that reads "I KNOW MY Normal Do you know yours?". The word "Normal" is written in a white, cursive font and is set against a pink rectangular background. The words "I KNOW MY" are in a small, white, sans-serif font above "Normal". Below "Normal", the words "Do you know yours?" are written in a white, sans-serif font.

I KNOW MY
Normal
Do you know yours?

Knowing what's normal for you
MAY SAVE YOUR LIFE.

The signs of
BREAST CANCER are
not the same for everyone.

Learn how your breasts
NORMALLY look and feel.

If you notice any change,
SEE A DOCTOR.

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Did you know

6 of the 8 warning signs of breast
cancer are visual? See them here:

[komen.org/warning-signs](https://www.komen.org/warning-signs)



For more information, visit **[komen.org](https://www.komen.org)** or call Susan G. Komen's
Breast Care Helpline at **1-877 GO KOMEN** (1-877-465-6636)
Monday through Friday, 9 AM to 10 PM ET.